



# Grand Hotel Terme

**BREAKFAST MENU**



## BUFFET SALATO TOSCANO

### *Tuscan Savoury Buffet*

#### **2/3 scelte a vostra scelta**

*Your choice of 2 or 3 items*

#### **Salume toscano**

*Tuscan cured meats*

[12]

#### **Capocollo di cinta senese**

*Cinta Senese capocollo*

[12]

#### **Ricotta della Val d'Orcia**

*Val d'Orcia fresh ricotta*

[7]

#### **Schiacciata**

*Tuscan flatbread*

[1]

#### **Focaccia**

*Focaccia bread*

[1]

#### **Panzanella toscana**

*Tuscan bread salad*

[1, 9]

#### **Torte rustiche farcite**

*Filled rustic pastry tarts*

[1, 3, 7]

#### **Crostini vegetali**

*Vegetable crostini*

[1]

## BENESSERE & SALUTARE

### *Wellness & Healthy*

#### **2/3 a vostra scelta**

*Your choice of 2 or 3 items*

#### **Ananas cubotti**

*Fresh pineapple cubes*

#### **Melone cubotti**

*Melon cubes*

#### **Anguria cubotti**

*Watermelon cubes*

#### **Kiwi cubotti**

*Kiwi cubes*

#### **Cubotti di barbabietola**

*Beetroot cubes*

#### **Sedano e finocchio**

*Celery & fennel sticks*

[9]

# ANGOLO HEALTHY

## *Healthy Corner*

**2/3 a vostra scelta**  
*Your choice of 2 or 3 items*

### **Avena porridge**

*Oat porridge*  
[1, 7]

### **Kefir e granola**

*Kefir with granola*  
[1, 7]

### **Dolce a base di chia**

*Chia seed dessert*

### **Spinaci freschi e noci**

*Fresh spinach & walnuts*  
[8]

### **Quinoa bollita condita con verdure**

*Boiled quinoa with vegetables*

### **Quinoa bollita**

#### **con salmone affumicato e verdure**

*Boiled quinoa with smoked salmon  
& vegetables*  
[4]

### **Dolce a base di mandorle**

*Almond-based dessert*  
[8]

### **Frittata agli spinaci**

*Spinach omelette*  
[3, 7]

### **Pancake al segale e frutti di bosco**

*Rye pancakes with mixed berries*  
[1, 3, 7]

# BUFFET CLASSICO

## *Classic Buffet*

### DOLCI & PANE

*Sweets & Breads*

#### **Torte assortite (2/3 tipi)**

*Assorted cakes (2 or 3 kinds)*

[1, 3, 7]

#### **Plumcake**

*Plum cake*

[1, 3, 7]

#### **Muffin**

*Muffins*

[1, 3, 7]

#### **Bombette**

*Jam-filled doughnuts*

[1, 3, 7]

#### **Ciambelline**

*Small ring cakes*

[1, 3, 7]

#### **Croissant misti**

*Assorted croissants*

[1, 3, 7]

#### **Torta rustica (verdure / salumi)**

*Savoury tart (vegetable / cold cuts)*

[1, 3, 7, 12]

#### **Fette biscottate bianche e integrali**

*White & wholegrain rusks*

[1]

#### **Frollini**

*Butter biscuits*

[1, 3, 7]

#### **Cereali assortiti**

**(frutta, multicereali, cioccolato, cornflakes, palline di mais)**

*Assorted cereals*

*(fruit, multigrain, chocolate, cornflakes, corn puffs)*

#### **Pan carrè bianco e integrale**

*White & wholegrain sandwich loaf*

[1]

#### **Cornetti salati**

*Savoury mini croissants*

[1, 3, 7]

#### **Pane bianco fresco**

*Fresh white bread*

[1]

#### **Pane integrale fresco**

*Fresh wholegrain bread*

[1]

## SALATO E UOVA

*Savoury & eggs*

### **Pomodorini**

*Cherry tomatoes*

### **Mozzarelline**

*Mini mozzarella balls*

[7]

### **Uova strapazzate**

*Scrambled eggs*

[3]

### **Bacon e würstel**

*Bacon & sausages*

[12]

### **Prosciutto cotto**

*Cooked ham*

[12]

### **Formaggio Edam**

*Edam cheese*

[7]

## CONDIMENTI & LATTICINI

*Spreads & Dairy*

### **Burro monoporzione**

*Individual butter portions*

[7]

### **Philadelphia monoporzione**

*Individual cream cheese portions*

[7]

### **Nutella**

*Nutella chocolate spread*

[1, 7, 8]

### **Mini confetture assortite**

*Assorted mini jam portions*

### **Miele monoporzione**

*Individual honey portions*

### **Yogurt misti**

*Assorted yogurts*

[7]

### **Frutta sciroppata (2 tipi)**

*Fruit in syrup (2 varieties)*

### **Frutta intera mista di stagione**

*Whole mixed seasonal fruit*

## BEVANDE

*Beverages*

### **Latte intero**

*Whole milk*

### **Latte di soia**

*Soy milk*

### **Latte senza lattosio**

*Lactose-free milk*

### **Misto di infusi**

*Assorted herbal teas*

### **Succhi di frutta misti**

*Assorted fruit juices*

### **Acqua naturale e frizzante**

*Still & sparkling water*

### **Caffè, cappuccino, cioccolato,**

#### **espresso**

*Coffee, cappuccino, hot chocolate, espresso*





**Tutto il pesce fresco destinato ad essere consumato crudo o quasi crudo viene sottoposto ad abbattimento termico (-20°) e conservato a bassa temperatura, come previsto dal vigente regolamento CE853/2004. Alcuni alimenti potrebbero essere stati sottoposti a congelamento.**  
*All fresh fish intended to be consumed raw or almost raw is chilled to -20°C and stored at a low temperature, as required by current EC Regulation 853/2004. Some foods may have been frozen.*

## **ALLERGENI** *Allergens*

1 **Cereali contenenti glutine / Cereals containing gluten**

2 **Crostacei / Crustaceans**

3 **Uova / Eggs**

4 **Pesce / Fish**

5 **Arachidi / Peanuts**

6 **Soia / Soybeans**

7 **Latte / Milk**

8 **Frutta a guscio / Nuts**

9 **Sedano / Celery**

10 **Senape / Mustard**

11 **Semi di sesamo / Sesame seeds**

12 **Anidride solforosa e solfiti /**

*Sulphur dioxide and sulphites*

13 **Lupini / Lupin**

14 **Molluschi / Molluscs**

**Gli allergeni indicati sono indicativi.**

**Per allergie gravi informare il personale.**

*Allergen info is indicative. For severe allergies, please notify our staff.*

**Grand Hotel Terme Chianciano - BZAR hotels**

Piazza Italia, 8 53042 Chianciano Terme (Si)